“Come my friends ‘tis not too late to seek a newer world…”

Judith Ball and Dr John Bostock
Edge Hill University
As you can clearly see in slide 397...

GAAAAH!

“Powerpoint” poisoning.
Power Point is dangerous......

- “When we understand that slide, we’ll have won the war,” General McChrystal (2010)
- “It’s dangerous because it can create the illusion of understanding and the illusion of control,” General McMaster (2005) “Some problems in the world are not bullet-izable.”
Ways to support the use of Power Point

Self-harm notes to accompany teaching session.

Historically self harm and mutilation is nothing new, since the ancient Greeks when Sophocles portrayed Oedipus’s enucleation (taking out his own eyes) to Hippocrates bestowing the virtues of bloodletting, blistering and purging the body to rebalance the body; self-harm has been within the medical domain. To quote Mangnall and Yurkovich (2008:1):

“In the vast universe of human suffering, few activities rank as puzzling and disconcerting as deliberate self harm. Little is known about causes and treatment, while even less is understood of this disturbing behaviour from the standpoint of those who engage in it.”

Terminology

Within self harm and there are numerous terms in literature such as self injury, self harm, self mutilation, self poisoning, deliberate self harm, para-suicide and suicidal behaviour that are often used interchangeably. A lot of research findings indicate that suicide attempts and self injury are distinct and have different aetiologies and treatment recommendations (Ross and Heath, 2002).

As with most things everything gets reviewed and the DSM IV (Diagnostic Statistical Manual for psychiatric conditions) is no different. New terminology and DSM V criteria has been proposed and within in it. As of March 2013 self harm is now mentioned for the first time as Non-Suicidal Self Injury (APA,2013). Here is the most recent web address for their home page. It is due for release this year. However, there have been many voices and
Hemispheric Dominance ideas

Left brain

I am the left brain.
I am a scientist. A methodical thinker.
I love the natural sciences. I am creative, linear. Analytical, Strategic. I am practical.
Always in control. A master of words and language.
Realistic, I calculate equations and play with numbers.
I am ordered, I am logical.
I know exactly who I am.

Right brain

I am the right brain.
I am creatively. A free spirit. I am passionate.
Inventive, Imaginative. I am the sound of roaring laughter.
I am tactile. The feeling of sand beneath bare feet.
I am movement, vivid colors.
I am the urge to paint on an empty canvas.
I am boundless imagination. Art, Poetry, I sense, I feel.
I am everything I wanted to be.
The whole brain model

Problem solving
Mathematical
Technical
Analytic
Logical

Conceptualising
Synthesising
Imaginative
Holistic
Artistic

Planning
Controlled
Conservative
Administrative
Organisational

Talker
Musical
Spiritual
Emotional
Interpersonal
Start a conversation
The human impact on Antarctica?
Stay away from the wildlife....
Can Penguins fly?
“…..are these too big for my feet?”
What do you know?

- What is self harm?
- Think of a definition of what self harm is?
- What does it mean to you?
Making sense of self harm
Web Resources

Harmless

Lifesigns

Recoveryourlife.com

National self harm network
Prezi – another to get the ideas across
Thanks for Listening

Any questions?