



Sport and Physical Activity Subject Taster Day Programme

<u>Time</u>	<u>Activity</u>
<u>Arrive by 10:00am at the latest</u>	
10:00am	<p style="text-align: center;">Arrival and Welcome</p> <p>The arrival and welcome talk will be delivered by our Student Recruitment team. Students will be given an introduction to the event and an overview of their taster day courses. Each student will receive an Edge Hill University tote bag which will include: a pen, a note pad, a personal statement booklet, an accommodation guide and a student finance guide to refer to and use throughout the taster day.</p>
10:30am	<p style="text-align: center;">(Students choose one workshop to attend)</p> <p style="text-align: center;">1. Sports Coaching</p> <p>This workshop will enable you to engage in practical sports coaching, the analysis of sports performance using our cutting-edge technology, and / or engage in a fitness and health related activity. You will also learn about how you can work with our national sports partners)</p> <p style="text-align: center;">2. Sport Management</p> <p>This workshop will enable you to engage in practical activity related to the management and business of sport, health and leisure. You will also learn about how you can work with our national sports partners)</p> <p style="text-align: center;">3. Sports Therapy (25 max)</p> <p>This workshop will include practical application of screening for injury risk using anatomical knowledge to better inform rehabilitation programmes. This will encompass knowledge and understanding relating to aspects of sports therapy practice.</p> <p style="text-align: center;">4. Sport & Exercise Science (25 max)</p> <p>This workshop will include laboratory-based activities in physiology, psychology and/or biomechanics with applications to the enhancement of sports performance and/or exercise and health settings.</p> <p style="text-align: center;">5. PE and School Sport</p> <p>This workshop will include a practical activity aimed at developing knowledge and understanding of what physical education means through a physical medium.</p>
11:30am	<p style="text-align: center;">Campus Tour</p> <p>Our campus tours, led by one of our current students, will show you where you'll study, where you'll live and the facilities you'll get to use as part of your course.</p>



12:00pm	<p style="text-align: center;">Lunch</p> <p>A free lunch will be provided for all students and teachers. This lunch will include a sandwich, crisps, snack and drink.</p> <p>Please inform us of any food allergies or dietary requirements your staff or students have.</p> <p>Edge Hill University's food and drink outlets on campus will also be open throughout the event for any guests who wish to use them. This includes Costa Coffee, Subway and a range of independent restaurants and cafes.</p> <p><i>There will also be the opportunity for students to view accommodation and attend a personal statements drop in during their lunch.</i></p>
12:45pm	<p style="text-align: center;">(Students choose one workshop to attend)</p> <ol style="list-style-type: none"><li style="text-align: center;">1. Sports Coaching<li style="text-align: center;">2. Sport Management<li style="text-align: center;">3. Sport & Exercise Science (25 max)<li style="text-align: center;">4. PE and School Sport
1:45pm	<p style="text-align: center;">Graduate Destinations and Careers in Sport, Physical Activity and Beyond</p>
2:15pm	<p style="text-align: center;">Student Experience Talk</p> <p>Delivered by one of our student ambassadors, this talk allows prospective students to find out about our student ambassadors journey to university and discuss how they've found their Higher Education Experience so far including lots of hints and tips and plenty of chance to ask questions!</p>
2:15pm	<p style="text-align: center;">Question and Answer Session</p> <p>This session provides students with an opportunity to ask questions on progressing onto Higher Education, Student Finance, Student Accommodation, Edge Hill courses, and the support and additional opportunities available at university.</p>
2:30pm	<p style="text-align: center;">Departure</p> <p>Our student guides will take you back to your transport and we wish you a safe journey home.</p>