



Addaction is the UK's largest specialist drug and alcohol treatment charity. We work with 95,000 people every year, helping them and their families deal with the effects of drug and alcohol misuse. As well as adult services, we also provide services specially tailored to the needs of young people and parents.

Addaction was founded in 1967, when Mollie Craven wrote to the Guardian newspaper. Mollie's son was addicted to heroin. In her letter, she called for the formation of a group, to provide support to people in a similar position to her own. Out of this was created 'APA' -standing for both 'The Association of Parents of Addicts' and 'The Association for the Prevention of Addiction'. In 1997, APA re-branded as Addaction - and since 1967, it has grown to become the UK's largest drug and alcohol treatment charity. Over the years we have built links with government, policy-makers and influencers.

Youngaddaction Lancashire

We are a young people's substance misuse and alcohol service for under 25's covering Central, North and East Lancashire - Preston, South Ribble, Chorley, West Lancashire, Lancaster, Fylde and Wyre, Burnley, Pendle, Ribble Valley and Hyndburn and Rossendale. We encourage young people to look at the reasons for using, harm minimisation and reduction/abstinence if they wish.

What we do?

- One to one work with young people to address their own substance or alcohol misuse
- One to one work with young people who are affected by another persons substance misuse
- Group work sessions with 2-6 young people using the same substance / alcohol
- Large group work sessions to offer advice and information around substances and alcohol
- Train professionals and parents on substance misuse within young people

We deal with all drugs, alcohol and solvent use including legal highs. Our clients have ranged from an 8 year old with cannabis use to 20 year olds on heroin and crack cocaine.

We run a resilience program in partnership with the Amy Winehouse Foundation across North and Central Lancashire supporting young people in schools and sharing life stories of ex drug and/or alcohol users. Please call to discuss the program.

We have also recently won three years funding via Children in Need to support young people at risk of, or involved in Domestic Abuse in Central Lancashire. The HEART project consists of group sessions delivered in a supportive peer environment.

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