

Raising Awareness of Child & Adolescent Mental Health Issues for Undergraduate Trainee Teachers.

Currently, there is a crisis affecting children and young people's mental health with 1 in 3 children in every classroom experiencing a diagnosable mental health condition (Thorley 2016). Several factors have been identified including changes to family structure, impact of digital technologies eg cyber bullying (NSPCC 2012) educational pressures along with parental mental ill health and socioeconomic disadvantage. The FOHSC and FOE have worked collaboratively to deliver a series of conferences to increase knowledge and awareness of mental health issues within the classroom for undergraduate Teacher Trainees. The conferences have specifically raised awareness of types of mental illness and signs & symptoms, early warning signs, interventions, specialist advice and practical advice for both pupils and teachers. The aim of this session is to present the collaborative nature of this joint venture by disseminating the information presented at the conference.

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