



10.00AM - 11.30AM  
INTRODUCTIONS

## PRESENTATIONS - ROSE THEATRE

### INTRODUCTION TO THE DAY AND THE ARTS AND WELLBEING THEME

- Darren Henley Chief Executive of Arts Council England  
George Talbot Dean of Faculty of Arts and Sciences and Pro Vice-Chancellor of Research, Edge Hill University
- Stephen Davismoon Professor of Contemporary Composition and Head of Department of Performing Arts, Edge Hill University
- Vicky Karkou Professor of Dance, Arts and Wellbeing, Edge Hill University

### MOVEMENT WARM UP

- Cynthia Pratt Professor of Dance, Butler University, USA

### OVERVIEW AND RATIONALE OF THE BOOK

- Vicky Karkou Professor of Dance, Edge Hill University  
Sue Oliver Freelance Dance Practitioner  
Sophia Lycouris Reader in Interdisciplinary Choreography, University of Edinburgh

## ARTISTIC AND NEUROPHYSIOLOGICAL PERSPECTIVES

- Frank Pollick Professor of Psychology, University of Glasgow  
Rosie Kay Choreographer and Artistic Director of Rosie Kay Dance Company, Birmingham

### MOVING SYSTEMS IN SCHOOLS: A MULTIDISCIPLINARY APPROACH

- Claire Schaub-Moore Dance Movement Psychotherapist, Professor of Psychology and Psychotherapist in Private Practice, Germany

### ATTENDING TO THE HEARTBEAT IN DANCE MOVEMENT PSYCHOTHERAPY IN HOSPITALS

- Mariam Mchitarian Dance Movement Psychotherapist and Cardiac Rehabilitation Nurse, Ministry of Health, Cyprus  
Joseph Moutiris Clinical Professor at the University of Nicosia Medical School and Assistant Director of Cardiology Department at Pathos General Hospital

12.00PM - 1.30PM  
CHAPTER AND VIDEO PRESENTATIONS



2.30PM - 4.00PM  
CHAPTER AND VIDEO PRESENTATIONS

### COMMUNITY DANCE WITH ADOLESCENT GIRLS

- Carolyn Lappin Executive Director of YDance, Scotland

### FLOW IN THE DANCING BODY

- Louise Douse Lecturer in Dance, University of Bedfordshire

### WRITING BODY STORIES

- June Gersten Roberts Senior Lecturer in Dance, Edge Hill University

### BEING IN PIECES

- Mark Edward Reader in Dance and Performance, Edge Hill University  
Fiona Bannon Senior Lecturer in Dance and Performance, University of Leeds



2.30PM - 4.00PM  
WORKSHOPS

## WORKSHOPS - STUDIO 4, 5, DANCE STUDIO

### UBIQUITOUS AND RELIABLE RESOURCES: AN INTRODUCTION TO BODY & EARTH PRINCIPLES

- Fabiano Culora Lecturer in Performance and Bodywork Supervisor, The Northern School of Contemporary Dance  
Susanna Recchia Dance Artist, Somatic Movement Educator and Researcher at the University of Roehampton in collaboration with Siobhan Davies

### LISTENING TO THE MOVING BODY

- Laura Steckler Clinical and Somatic Psychologist, Body Psychotherapist, Somatic Movement Therapist in Private Practice

### EVIDENCE-BASED BIODANZA FOR CHILDREN

- Marcus Stuck Head of Interdisciplinary Research, University of Applied Science Saxony in Leipzig, Germany  
Alejandra Villegas Co-Director of Biodanza School in Leipzig, Germany and Baltic School of Biodanza in Riga, Latvia

### DANCE MOVEMENT PSYCHOTHERAPY AND TRAUMA

- Claire Schaub-Moore Dance Movement Psychotherapist, Professor of Psychology and Psychotherapist in Private Practice, Germany

### LABAN-STYLE MOVEMENT CHOIR

- Cynthia Pratt Professor of Dance, Butler University, USA



4.30PM - 6.00PM  
WORKSHOPS

## NEW WORK - ROSE THEATRE

### THE ARTS THERAPIES IN THE TREATMENT OF DEPRESSION

Presentation on new edited book by Routledge with contributions from leading arts therapists around the world.

- Ania Zubala Research Fellow, University of the Highlands and Islands (via Skype)  
Vicky Karkou Professor of Dance, Arts and Wellbeing, Edge Hill University

### IN SEARCH OF THE PHOENIX

Presentation and film on the music theatre work devised in collaboration with Chatsworth High School and Community College, BBC Philharmonic Orchestra and Edge Hill University.

- Stephen Davismoon Professor of Contemporary Composition and Head of Department of Performing Arts, Edge Hill University  
Sadie Smith Special Educational Needs Drama Specialist, Chatsworth High School and Community, College, Salford  
Jennifer Starkey Freelance Arts Consultant, Liverpool

### DRAMA FOR WELLBEING

Presentation on a new handbook proposal on drama and wellbeing.

- Nisha Sajnani Tenured Professor of Drama Therapy, New York University (via Skype)  
Vicky Karkou Professor of Dance, Arts and Wellbeing, Edge Hill University

6.30PM - 7.15PM  
PRESENTATIONS

## NEW WORK - ROSE THEATRE

### GETTING OUT OF YOUR OWN WAY

This work-in-progress duet explores four key concepts in the work of dance movement psychotherapy with people with depression: embodiment, relationality, movement metaphor and narrative. Developing out of improvisations between a dancer/choreographer, a poet and a musician, the aim is to translate dance movement psychotherapy concepts into movement, text and sounds and back again.

- Scott Thurston Reader in English and Creative Writing, University of Salford  
Julia Griffin Senior Lecturer in Dance and Performance, Edge Hill University  
Stephen Davismoon Professor of Contemporary Composition and Head of Department of Performing Arts, Edge Hill University  
Vicky Karkou Professor of Dance, Arts and Wellbeing, Edge Hill University

### HYPOLowpo

This piece explores the personal side of living with Type 1 Diabetes and the highs and lows a patient and their family may go through.

- Kate Threlfall Choreography  
Jane Savage Dance Graduates, Edge Hill University  
Louis Ellis  
Rowena Foulds

### STUCK

An immersive performance that explores the way in which time and memory are staged, using digital video technology, soundscape and live performance. This autobiographical journey depicts the gradual decline of the artist's mother from advancing dementia, observing the difficult process of her identity being stripped through memory loss.

- Julia Griffin Senior Lecturer in Dance and Performance, Edge Hill University  
Stephen Davismoon Professor of Contemporary Composition and Head of Department of Performing Arts, Edge Hill University  
Helen Newall Professor of Theatre Praxis, Edge Hill University

### SO LOVE...

So love... is the portrait of a generation looking at tomorrow's adventures. Negotiating in between expectations and authenticity, this piece gathers a cast of young women building the path towards their empowered future.

- Mathieu Geffre Choreography  
Debbie Milner Artistic Director and Senior Lecturer in Dance, Edge Hill University  
Gabrielle Orr 3rdEdge  
Maria Mortimer Student Dance Company, Edge Hill University  
Ruby Tate  
Lauren Green  
Emese Allen  
Sophia Thomas  
Scarlet Primrose  
Amelia Shalish  
Gina Fowler

7.30PM - 8.30PM  
PERFORMANCES





10.00AM - 9.00PM  
INSTALLATIONS

### INSTALLATIONS - REHEARSAL 1 & 2

#### WATERSCAPES ACROSS (REMIX)

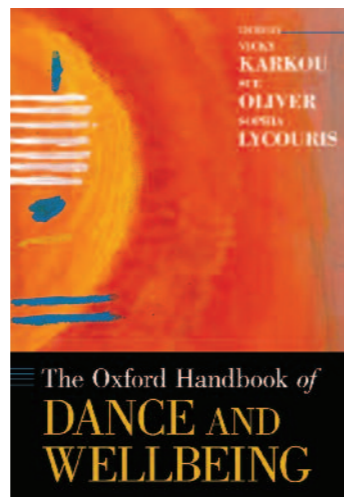
Interdisciplinary installation with ecological references

Sophia Lycouris Reader in Interdisciplinary Choreography,  
University of Edinburgh

#### BEYOND THE NORTH TOWER

A sound installation in a care home in Salford commissioned by FED, a leading provider of advice, support and care for People living in Greater Manchester.

Stephen Davismoon Professor of Contemporary Composition  
and Head of Department of Performing Arts,  
Edge Hill University



### The Oxford Handbook of Dance and Wellbeing

Edited by

Vassiliki Karkou, Sue Oliver, Sophia Lycouris

In recent years, a growth in dance and wellbeing scholarship has resulted in new ways of thinking that place the body, movement, and dance in a central place with renewed significance for wellbeing. *The Oxford Handbook of Dance and Wellbeing* examines dance and related movement practices from the perspectives of neuroscience and health, community and education, and psychology and sociology to contribute towards an understanding of wellbeing, offer new insights into existing practices, and create a space where sufficient exchange is enabled. The handbook's research components include quantitative, qualitative, and arts-based research, covering diverse discourses, methodologies, and perspectives that add to the development of a complete picture of the topic. Throughout the handbook's wide-ranging chapters, the objective observations, felt experiences, and artistic explorations of practitioners interact with and are printed alongside academic chapters to establish an egalitarian and impactful exchange of ideas.

OXFORD  
UNIVERSITY PRESS



Edge Hill  
University

St Helens Road  
Ormskirk  
Lancashire  
L39 4QP  
United Kingdom

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Supported by:



10.00AM - 9.00PM

INSTALLATIONS

The UK Launch of

The Oxford Handbook of  
DANCE AND WELLBEING

THE ARTS FOR WELLBEING  
RESEARCH GROUP PRESENTS:

23 FEBRUARY 2018  
EDGE HILL UNIVERSITY  
Rose Theatre  
Red Bar  
Studio 4 and 5  
Rehearsal 1 and 2  
Dance Studio