

The UK Launch of Oxford Handbook of Dance and Wellbeing
23rd February 2018

The Arts Centre, Edge Hill University

9:30-10:00 Registration – The Arts Centre Foyer

Presentations - Rose Theatre

10:00-11.30 Introductions (chair: Vicky Karkou)

- *Introduction to the day and the arts and wellbeing theme* -- Darren Henley (Chief Executive of Arts Council England), George Talbot (Pro-Vice Chancellor of Research and Dean of Faculty of Arts and Sciences, Edge Hill University), Stephen Davismoon (Chair of Contemporary Composition and Head of Department of Performing Arts, Edge Hill University), Vicky Karkou (Professor of Dance, Arts and Wellbeing, Edge Hill University)
- *Movement warm up* -- Cynthia Pratt (Professor of Dance, Butler University, USA)
- *Overview and rationale of the book* -- Vicky Karkou (Professor of Dance, Arts and Wellbeing, Edge Hill University), Sue Oliver (freelance dance practitioner) and Sophia Lycouris (University of Edinburgh)

12:00-13:30 Chapter and video presentations (chair: Sue Oliver)

- *Artistic and neurophysiological perspectives* -- Frank Pollick (Professor of Psychology, University of Glasgow) and Rosie Kay (Choreographer and Artistic Director of Rosie Kay Dance Company, Birmingham)
- *Moving systems in schools: A multidisciplinary approach* -- Claire Schaub-Moore (Dance Movement Psychotherapist, Professor of Psychology and Psychotherapist in Private Practice, Germany)
- *Attending to the heartbeat in dance movement psychotherapy in hospitals* -- Mariam Mchitarian (Dance Movement Psychotherapist and Cardiac Rehabilitation Nurse, Ministry of Health, Cyprus) and Joseph Moutiris (Clinical Professor at the University of Nicosia Medical School and Assistant Director of Cardiology Department at Pathos General Hospital)

14:30-16:00 Chapter and video presentations (chair: Sophia Lycouris)

- *Community dance with adolescent girls* -- Carolyn Lappin (Executive Director of YDance, Scotland)
- *Flow in the dancing body* -- Louise Douse (Lecturer in Dance, University of Bedfordshire)
- *Writing body stories* -- June Gersten Roberts (Senior Lecturer in Dance, Edge Hill University)
- *Being in pieces* -- Mark Edward (Reader in Dance and Performance, Edge Hill University) and Fiona Bannon (Senior Lecturer of Dance and Performance, University of Leeds)

Workshops – Studio 4, 5, Dance Studio

14.30-16:00 Workshops

(chair: Jessica Hobson)

- *Ubiquitous and Reliable Resources: An introduction to Body & Earth Principles* -- Fabiano Culora (Movement Artist, Somatic Movement Therapist, Lecturer in Performance and Bodywork supervisor at Northern School of Contemporary Dance) and Susanna Recchia (Dance Artist, Somatic Movement Educator and Researcher at the University of Roehampton in collaboration with Siobhan Davies)

(chair: Zoe Moula)

- *Listening to the moving body* -- Laura Steckler (Clinical and Somatic Psychologist, Body Psychotherapist, Somatic Movement Therapist in Private Practice, Scotland)

16:30-18:00 Workshops

(chair: Jenny Starkey)

- *Evidence-based Biodanza for children* -- Marcus Stuck (Head of interdisciplinary research, University of Applied Science Saxony in Leipzig, Germany) and Alejandra Villegas (Co-Director of Biodanza School in Leipzig in Germany and Baltic School of Biodanza in Riga Latvia)

(chair: Zoe Moula)

- *Dance movement psychotherapy and trauma* -- Claire Schaub-Moore (Dance Movement Psychotherapist, Professor of Psychology and Psychotherapist in Private Practice, Germany)

(chair: Jessica Hobson)

- *Laban-style movement choir* -- Cynthia Pratt (Professor of Dance, Butler University, USA)

New work – Rose Theatre, Rehearsal 1 and 2

18.30-19.15 Presentations (chair: Helen Newall)

- *The Arts Therapies in the treatment of Depression* -- Ania Zubala (Research Fellow, University of the Highlands and Islands) and Vicky Karkou (Professor of Dance, Arts and Wellbeing, Edge Hill University). Description: Presentation on new edited book by Routledge with contributions from leading arts therapists around the world.
- *In Search of the Phoenix* -- Stephen Davismoon (Chair of Contemporary Composition and Head of Department of Performing Arts, Edge Hill University); Sadie Smith Special Educational Needs Drama Specialist (Chatsworth High School and Community College, Salford) and Jennifer Starkey (Freelance Arts Consultant, Liverpool). Description: Presentation and film on the music theatre devised in collaboration with Chatsworth High School and Community College, BBC Philharmonic Orchestra and Edge Hill University.
- *Drama for Wellbeing* -- Nisha Sajnani (Tenured Professor of Drama Therapy, New York University via Skype) and Vicky Karkou (Professor of Dance, Arts and Wellbeing, Edge Hill University). Description: Presentation on a new handbook proposal on drama and wellbeing.

19.30-20.30 Performances (chair: Karen Jaundrill Scott)

- *Dancing the Blues* – Choreography, visuals and performance: Julia Griffin (Senior Lecturer in Dance and Performance, Edge Hill University), poems and performance: Scott Thurston (Reader in English and Creative Writing, University of Salford), soundscape: Stephen Davismoon (Chair of Contemporary Composition and Head of Department of Performing Arts, Edge Hill University). Description: This work-in-progress duet explores four key concepts in the work of dance movement psychotherapy with people with depression: embodiment, relationality, movement metaphor and narrative. Developing out of improvisations between a dancer/choreographer, a poet and a musician, the aim is to translate dance movement psychotherapy concepts into movement, text and sounds and back again.
- *HYPOLowpo* – Choreography: Kate Threlfall, Dancers: Kate Threlfall, Jane Savage, Louis Ellis, Rowena Foulds (Dance Graduates, Edge Hill University). Description: This piece explores the personal side of living with Type 1 Diabetes and the highs and lows a patient may go through, that society does not see. But what about the people behind the patient? The parents and siblings. Do they suffer too?
- *Stuck* – Choreography and performance: Julia Griffin (Senior Lecturer in Dance and Performance, Edge Hill University); soundscape: Stephen Davismoon (Chair of Contemporary Composition and Head of Department of Performing Arts, Edge Hill University); Projections Professor Helen Newall (Chair of Theatre Praxis, Edge Hill University). Description: An immersive performance that explores the way in which time and memory are staged, using digital video technology, soundscape and live performance. This autobiographical journey depicts the gradual decline of the artist's mother from advancing dementia, observing the difficult process of her identity being stripped through memory loss.
- *So love...* – Choreography: Mathieu Geffre, Artistic Director: Debbie Milner (Senior Lecturer in Dance, Edge Hill University), Performance from 3rdEdge (Student Dance Company, Edge Hill University): Gabrielle Orr, Maria Mortimer, Ruby Tate, Lauren Green, Emese Allen, Sophia Thomas, Scarlet Primrose, Amelia Shalish, Gina Fowler. Description: So love... is the portrait of a generation looking at tomorrow's adventures. Negotiating in between expectations and authenticity, this piece gathers a cast of 8 young women building the path towards their empowered future.

10:00-21:00 Installations (chair: John Lowndes)

- *Waterscapes across (remix) (interdisciplinary installation)* – Sophia Lycouris (Reader of Interdisciplinary Choreography, University of Edinburgh) Description: interdisciplinary installation with ecological references
- *Beyond the North Tower* -- Professor Stephen Davismoon (Chair of Contemporary Composition and Head of Department of Performing Arts, Edge Hill University) Description: a sound installation in a care home in Salford commissioned by FED, a leading provider of advice, support and care for People living in Greater Manchester.

20:30-22:00 Close