

An illustration of a diverse group of medical professionals standing in a row. From left to right: a woman with long dark hair in a white lab coat and teal skirt holding a stethoscope; a man in teal scrubs and a surgical cap with a face mask; a man in a white lab coat; a man in a white lab coat; a man in a white lab coat; a woman with long red hair in a white lab coat and teal pants; and a woman with brown hair and glasses in a white lab coat and dark skirt. The background is a solid blue-grey color. A large white circle is centered over the group, containing the title and speaker information. There are several purple brushstroke-like marks on the left side of the white circle and one solid purple circle on the right side.

# Edge Hill University Medical School Specialty Talk

By Alistair Shimmin  
Medical School Careers  
Adviser

# Edge Hill Medical School Student Journey

Edge Hill  
University

Medical  
School

Foundation Year for Medicine



Medicine MBChB



The Foundation Programme



GP Training/Speciality Training

Medical Degree (5 years)

Intercalated (+1 year)

Foundation (2 years)

GP Training (3 years)

Other Specialty Training  
(from 5 years - 8 years)

## Junior Doctor

Foundation Training- Starting salary £32,398- £37,303 (April 2023)

**GP Training/Speciality-** Starting salary £52,530- £82,400

**Consultant-** Starting salary £99,532- £131,964

<https://www.healthcareers.nhs.uk/explore-roles/doctors/pay-doctors>

# Self-Awareness and Diagnostic Tools

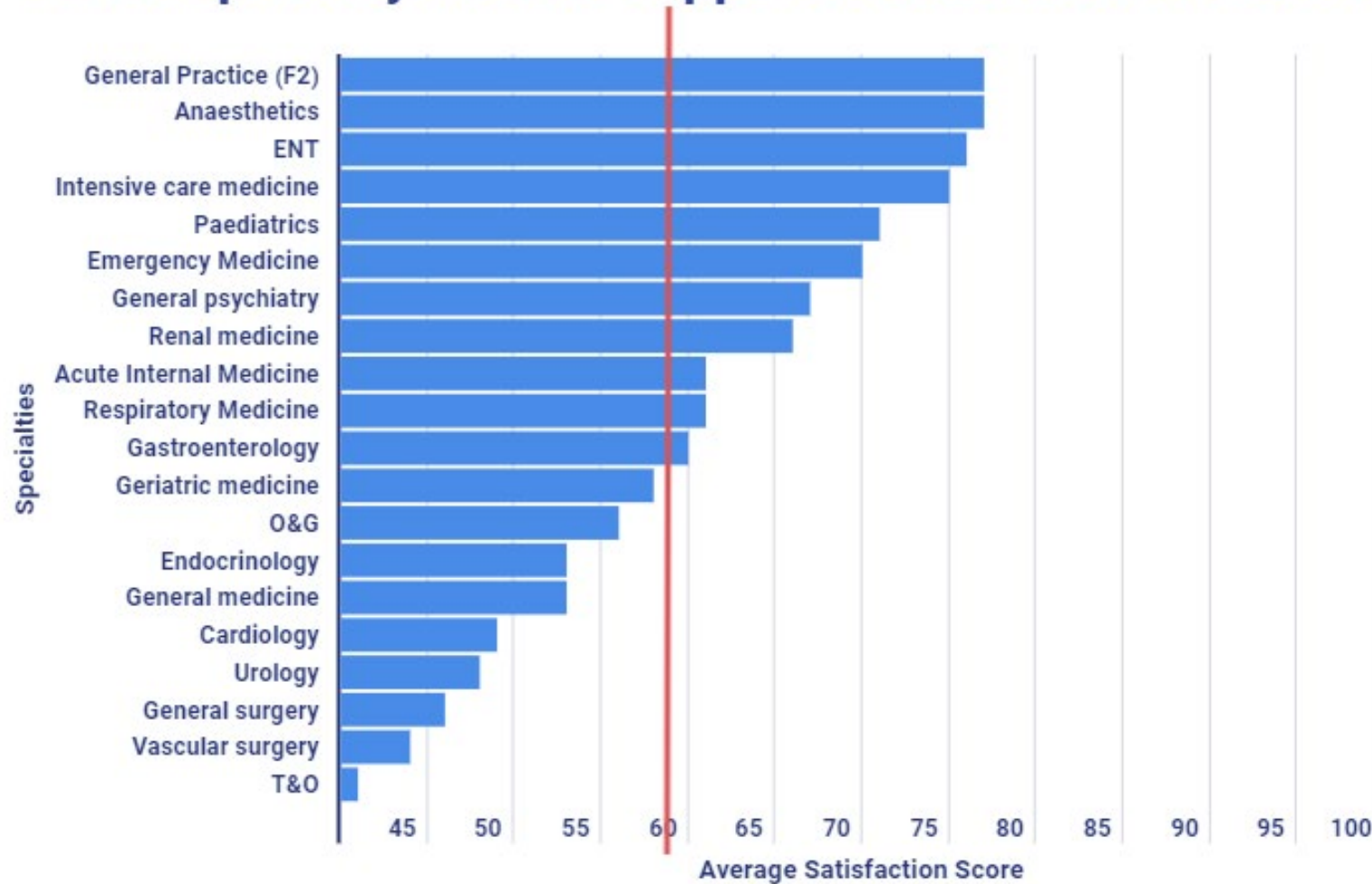
- NHS lets find your Health Career- <https://www.healthcareers.nhs.uk/findyourcareer>
- The Medic Portal- <https://www.themedicportal.com/quizzes/medical-specialty-quiz/>
- Myers Briggs MBTI Personality Test- <https://www.personalitypathways.com/personality-type/>
- North West Deanery- [https://www.nwpgmd.nhs.uk/careers\\_advice/careers](https://www.nwpgmd.nhs.uk/careers_advice/careers)
- Medical Royal Colleges- <https://www.aomrc.org.uk/about-us/academy-members/>
- BMJ Careers Specialty Guides- <https://www.bmj.com/careers/article/the-complete-guide-to-nhs-pay-for-doctors?filter=7&filteredBy=term>

# Specialty Training Over 60 choices!

Anaesthesia	Medical oncology	Medical microbiology and virology
Clinical oncology	Medical ophthalmology	Psychiatry
Clinical radiology	Neurology	Child and adolescent psychiatry
Community sexual and reproductive health	Nuclear medicine	Forensic psychiatry
Emergency medicine	Palliative medicine	General psychiatry
General practice (GP)	Pharmaceutical medicine	Liaison psychiatry
Intensive care medicine	Rehabilitation medicine	Medical psychotherapy
Medicine	Renal medicine	Old age psychiatry
Acute internal medicine	Respiratory medicine	Psychiatry of intellectual disability
Allergy	Rheumatology	Public Health
Audiovestibular medicine	Sport and exercise medicine	Surgery
Cardiology	Stroke medicine	Cardiothoracic surgery
Clinical Genetics	Tropical medicine	General surgery
Clinical neurophysiology	Obstetrics and gynaecology	Neurosurgery
Clinical pharmacology and therapeutics	Occupational medicine	Oral and maxillofacial surgery
Dermatology	Ophthalmology	Otorhinolaryngology (ear, nose and throat surgery)
Endocrinology and diabetes	Paediatrics	Paediatric surgery
Gastroenterology	Paediatric cardiology	Plastic surgery
General internal medicine	Paediatrics	Trauma and orthopaedic surgery
Genitourinary medicine	Pathology	Urology
Geriatric medicine	Chemical pathology	Vascular surgery
Immunology	Haematology	
Infectious diseases	Histopathology	

[Roles for doctors | Health Careers](#)

## Which specialty has the happiest Foundation Trainees?



# What's Your Personality Type?

Use the questions on the outside of the chart to determine the four letters of your Myers-Briggs type.  
For each pair of letters, choose the side that seems most natural to you, even if you don't agree with every description.

## 1. Are you outwardly or inwardly focused? If you:

- Could be described as talkative, outgoing
- Like to be in a fast-paced environment
- Tend to work out ideas with others, think out loud
- Enjoy being the center of attention

then you prefer

**E**  
Extraversion

- Could be described as reserved, private
- Prefer a slower pace with time for contemplation
- Tend to think things through inside your head
- Would rather observe than be the center of attention

then you prefer

**I**  
Introversion

**ISTJ**

Responsible, sincere, analytical, reserved, realistic, systematic. Hardworking and trustworthy with sound practical judgment.

**ISFJ**

Warm, considerate, gentle, responsible, pragmatic, thorough. Devoted caretakers who enjoy being helpful to others.

**INFJ**

Idealistic, organized, insightful, dependable, compassionate, gentle. Seek harmony and cooperation, enjoy intellectual stimulation.

**INTJ**

Innovative, independent, strategic, logical, reserved, insightful. Driven by their own original ideas to achieve improvements.

**ISTP**

Action-oriented, logical, analytical, spontaneous, reserved, independent. Enjoy adventure, skilled at understanding how mechanical things work.

**ISFP**

Gentle, sensitive, nurturing, helpful, flexible, realistic. Seek to create a personal environment that is both beautiful and practical.

**INFP**

Sensitive, creative, idealistic, perceptive, caring, loyal. Value inner harmony and personal growth, focus on dreams and possibilities.

**INTP**

Intellectual, logical, precise, reserved, flexible, imaginative. Original thinkers who enjoy speculation and creative problem solving.

## 3. How do you prefer to make decisions? If you:

- Make decisions in an impersonal way, using logical reasoning
- Value justice, fairness
- Enjoy finding the flaws in an argument
- Could be described as reasonable, level-headed

then you prefer

**T**  
Thinking

- Base your decisions on personal values and how your actions affect others
- Value harmony, forgiveness
- Like to please others and point out the best in people
- Could be described as warm, empathetic

then you prefer

**F**  
Feeling

## 2. How do you prefer to take in information? If you:

- Focus on the reality of how things are
- Pay attention to concrete facts and details
- Prefer ideas that have practical applications
- Like to describe things in a specific, literal way

then you prefer

**S**  
Sensing

- Imagine the possibilities of how things could be
- Notice the big picture, see how everything connects
- Enjoy ideas and concepts for their own sake
- Like to describe things in a figurative, poetic way

then you prefer

**N**  
Intuition

**ESTP**

Outgoing, realistic, action-oriented, curious, versatile, spontaneous. Pragmatic problem solvers and skillful negotiators.

**ESFP**

Playful, enthusiastic, friendly, spontaneous, tactful, flexible. Have strong common sense, enjoy helping people in tangible ways.

**ENFP**

Enthusiastic, creative, spontaneous, optimistic, supportive, playful. Value inspiration, enjoy starting new projects, see potential in others.

**ENTP**

Inventive, enthusiastic, strategic, enterprising, inquisitive, versatile. Enjoy new ideas and challenges, value inspiration.

**ESTJ**

Efficient, outgoing, analytical, systematic, dependable, realistic. Like to run the show and get things done in an orderly fashion.

**ESFJ**

Friendly, outgoing, reliable, conscientious, organized, practical. Seek to be helpful and please others, enjoy being active and productive.

**ENFJ**

Caring, enthusiastic, idealistic, outgoing, diplomatic, responsible. Skilled communicators who value connection with people.

**ENTJ**

Strategic, logical, efficient, outgoing, ambitious, independent. Effective organizers of people and long-range planners.

## 4. How do you prefer to live your outer life? If you:

- Prefer to have matters settled
- Think rules and deadlines should be respected
- Prefer to have detailed, step-by-step instructions
- Make plans, want to know what you're getting into

then you prefer

**J**  
Judging

- Prefer to leave your options open
- See rules and deadlines as flexible
- Like to improvise and make things up as you go
- Are spontaneous, enjoy surprises and new situations

then you prefer

**P**  
Perceiving

# 1. Are you outwardly or inwardly focused? If you:

- Could be described as talkative, outgoing
- Like to be in a fast-paced environment
- Tend to work out ideas with others, think out loud
- Enjoy being the centre of attention

**then you prefer**

**E**

**Extraversion**

- Could be described as reserved, private
- Prefer a slower pace with time for contemplation
- Tend to think things through inside your head
- Would rather observe than be the centre of attention

**then you prefer**

**I**

**Introversion**

## 2. How do you prefer to take in information? If you:

- Focus on the reality of how things are
- Pay attention to concrete facts and details
- Prefer ideas that have practical applications
- Like to describe things in a specific, literal way

**then you prefer**

**S**

**Sensing**

- Imagine the possibilities of how things could be
- Notice the big picture, see how everything connects
- Enjoy ideas and concepts for their own sake
- Like to describe things in a figurative, poetic way

**then you prefer**

**N**

**Intuition**



### 3. How do you prefer to make decisions? If you:

- Make decisions in an impersonal way, using logical reasoning
- Value justice, fairness
- Enjoy finding the flaws in an argument
- Could be described as reasonable, level-headed

**then you prefer**

**T**

**Thinking**

- Base your decisions on personal values and how your actions affects others
- Value harmony, forgiveness
- Like to please others and point out the best in people
- Could be described as warm, empathetic

**then you prefer**

**F**

**Feeling**

## 4. How do you prefer to live your outer life? If you:

- Prefer to have matters settled
  - Think rules and deadlines should be respected
  - Prefer to have detailed, step-by-step instructions
  - Make plans, want to know what you're getting into
- Prefer to leave your options open
  - See rules and deadlines as flexible
  - Like to improvise and make things up as you go
  - Are spontaneous, enjoy surprises and new situations

**then you prefer**

**J**

**Judging**

**then you prefer**

**P**

**Perceiving**

## ISTJ

Responsible, sincere, analytical, reserved, realistic, systematic. Hardworking and trustworthy with sound practical judgment.

## ISFJ

Warm, considerate, gentle, responsible, pragmatic, thorough. Devoted caretakers who enjoy being helpful to others.

## INFJ

Idealistic, organized, insightful, dependable, compassionate, gentle. Seek harmony and cooperation, enjoy intellectual stimulation.

## INTJ

Innovative, independent, strategic, logical, reserved, insightful. Driven by their own original ideas to achieve improvements.

## ISTP

Action-oriented, logical, analytical, spontaneous, reserved, independent. Enjoy adventure, skilled at understanding how mechanical things work.

## ISFP

Gentle, sensitive, nurturing, helpful, flexible, realistic. Seek to create a personal environment that is both beautiful and practical.

## INFP

Sensitive, creative, idealistic, perceptive, caring, loyal. Value inner harmony and personal growth, focus on dreams and possibilities.

## INTP

Intellectual, logical, precise, reserved, flexible, imaginative. Original thinkers who enjoy speculation and creative problem solving.

## ESTP

Outgoing, realistic, action-oriented, curious, versatile, spontaneous. Pragmatic problem solvers and skillful negotiators.

## ESFP

Playful, enthusiastic, friendly, spontaneous, tactful, flexible. Have strong common sense, enjoy helping people in tangible ways.

## ENFP

Enthusiastic, creative, spontaneous, optimistic, supportive, playful. Value inspiration, enjoy starting new projects, see potential in others.

## ENTP

Inventive, enthusiastic, strategic, enterprising, inquisitive, versatile. Enjoy new ideas and challenges, value inspiration.

## ESTJ

Efficient, outgoing, analytical, systematic, dependable, realistic. Like to run the show and get things done in an orderly fashion.

## ESFJ

Friendly, outgoing, reliable, conscientious, organized, practical. Seek to be helpful and please others, enjoy being active and productive.

## ENFJ

Caring, enthusiastic, idealistic, organized, diplomatic, responsible. Skilled communicators who value connection with people.

## ENTJ

Strategic, logical, efficient, outgoing, ambitious, independent. Effective organizers of people and long-range planners.

NT: ENTJ. INTJ. ENTP. INTP.

Independent, high standards, curious,  
enjoy challenge, innovator, understand  
complex theory, confident, competitive.

*Community health, nuclear medicine,  
A&E, psychiatrist, neurologist,  
cardiologist, pharmacologist, plastic  
surgeon, anaesthetist, immunology,  
haematology, internal medicine*

NF: ENFJ. INFJ. ENFP. INFP.

Empathic, excellent communicator,  
teacher, accepting, conflict resolver,  
creative, positive, motivator, idealist,  
human values, self critical.

*GP, psychiatrist, critical care, urologist,  
oncologist, paediatrician, obstetrics and  
gynaecology*

SP: ESTJ. ISTJ. ESFJ, ISFJ.

Action orientated, acts immediately,  
practical, flexible, observer, resourceful,  
fun, precision, fact rather than theory,  
impulsive,

*GP, surgeon, anaesthetist, A&E, critical  
care, geriatrics, cardiologist, immunology,  
gastroenterology, neurologist, oncologist,  
psychiatrist*

SJ: ESTJ. ISTJ. ESFJ. ISFJ.

Serious, hardworking, organised, practical,  
trustworthy, dependable, inflexible

*GP, community health, surgeon, public  
health, anaesthetist, ophthalmologist,  
radiologist, nuclear medicine, geriatrics,  
internal medicine, cardiologist,  
immunology, gastroenterology, neurologist,  
paediatrics*

# Specialty/Career For Me!

S- Surroundings

P- Prospects

E- Entry and Training

C- Conditions

I- Innovation and the future

A- Attitude

L- Learning

T- Temperament

Y- Youthfulness





# Technology of Future Medical Specialties

1. General Practitioners
2. Paediatrics
3. Radiology
4. Ophthalmology
5. Sports Medicine and Rehabilitation
6. Oncology

<https://medicalfuturist.com/medical-specialties-with-the-biggest-potential-in-the-future/>

# Why Doctors choose their specialty...

---

Enjoyment/interest 49%  
Variety/Pace/Challenge 40%  
Patients interaction 19%  
Work life balance 19%  
Skills/personality 14%  
Chance to make a difference 10%



- Do I have the appropriate skills, training and experience?
- Will I gain sufficient job satisfaction and be interested in the work?
- Will I be motivated to work effectively in the post, during training and beyond?
- Does the job fit with my own ethics, inner values and boundaries?
- Does the job provide the balance I want between home and work life?
- How might this specialty change over the next 30 years, and will it suit me?


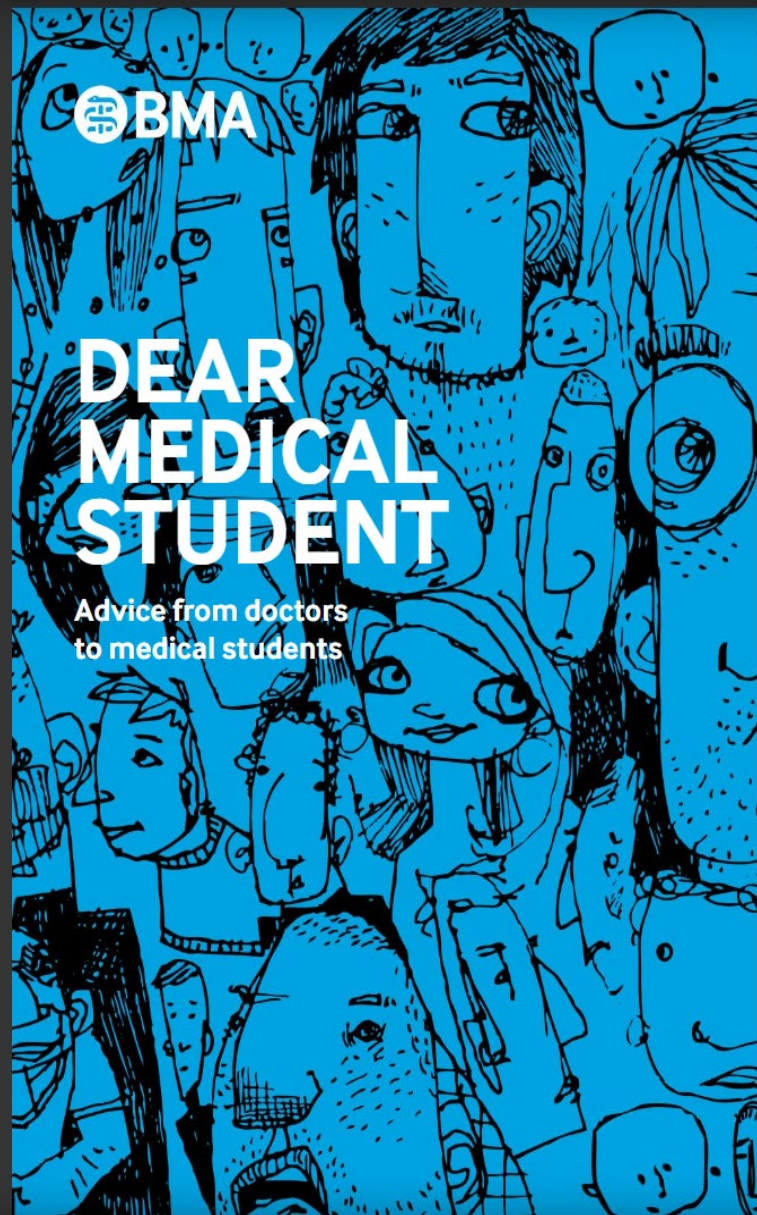
<https://www.bma.org.uk/advice-and-support/studying-medicine/guide-to-medical-specialties/tips-for-choosing-your-medical-specialty>





# DEAR MEDICAL STUDENT

Advice from doctors  
to medical students



During your foundation years, try to learn as much as possible about the specialties you are **not** going to pursue. This will be the only chance before you enter specialist training.

Siten Roy  
Orthopaedic consultant

DEAR  
MEDICAL  
STUDENT

SEE MORE



Find your niche and enjoy it. You might be surprised what you choose. I knew that I didn't want to do A&E and tried to avoid it. Had to do it and loved it from day one. Now, 30 years later, I still love it. Look after yourself – life is a balance, you can have a great career without being a consultant.

Vicky Vella  
Associate specialist (A&E)

DEAR  
MEDICAL  
STUDENT

## Health Careers- Doctors

<https://www.healthcareers.nhs.uk/explore-roles/doctors%20>

## Medical Schools Council

<https://www.medschools.ac.uk/studying-medicine/after-medical-school/specialties>

## BMA- An Insiders Guide to Medical Specialties

<https://www.bma.org.uk/advice/career/studying-medicine/insiders-guide-to-medical-specialties>

## The Medical Portal

<https://www.themedicportal.com/>

## UK Foundation Programme

<http://www.foundationprogramme.nhs.uk/pages/home>

## Myers Briggs Foundation

<https://www.myersbriggs.org/my-mbti-personality-type/>

## Dear Medical Student

<https://www.bma.org.uk/advice/career/studying-medicine/your-first-year/dear-medical-student>

