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**FACULTY OF HEALTH AND SOCIAL CARE**

**BSc Hons Nutrition and Health**

# **Practice Supervisor Information**

**Practice Education Lecturer**

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**Programme Leader**

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## BSc Hons Nutrition and Health

Thank you for facilitating a placement opportunity for Edge Hill University students. By offering a placement you are providing students with the opportunity to apply knowledge and skills acquired in the classroom; learn about working life and the working environment; meet challenges; and broaden their horizons. In return you will could be enhancing your skill set by acting in the Supervisory role and benefit from students bringing in a fresh energy and a new perspective.

### Placement Information

The placement is mandatory in year three for a **minimum of 140 hours** (approx. 20 days) however this can be organized to suit the placement and the student**.** Some placements maybe a block of 4 weeks whilst others will be a day a week. The placement can start from 1st June however it can start any time after this point, often students start in September after their summer break

### What is expected from a placement provider?

1. Opportunity for students to apply nutrition theory into a practical workplace setting
2. Completion of placement hours log and feedback form at the end of placement

### Module Outcomes

The outcomes for the placement are in line with the module learning outcomes as identified below

1. Identify and evaluate the requirements for graduate entry into a chosen career route through the formulation and presentation of an individual personal career strategy.
2. Originate an effective presentation of a work based experience record and achievement on the course which promotes their employability, linked to their PDP.
3. Perform to a professional manner in the workplace and reflect critically on their own learning and achievement.

### Responsibilities of Supervisor

* To orientate the students to the work environment
* Identify any policies, guidelines or specific instructions for working within this environment, including dress code and times to attend placement.
* Discuss with the student at the start of placement any specific opportunities that are available to facilitate the practice outcomes
* Meet with the student on at least 3 occasions during the practice placement
	1. Initial - Orientation/Induction and to set the learning outcomes
	2. Midway review - To discuss progress and offer constructive feedback
	3. Final review – To offer constructive feedback and assess learning outcomes
* Discuss evidence the student provides and complete documentation
* To inform the Practice Education Lecturer if there are any concerns or queries about the documentation, lack of opportunities to complete the outcomes or the capabilities of the student.

### Responsibilities of the student

* To provide the practice documentation for discussion with the Supervisor
* To be punctual, professional and enthusiastic
* Have a willingness to embrace opportunities but be aware of own limitations and maintain their safety
* Maintain confidentiality
* Abide by the guidelines and policies of the placement area
* Inform Practice Education Lecturer of any concerns relating to this placement

### About this Degree

Students studying on this programme will develop an in-depth knowledge of nutritional science and the fundamental role of nutrition in the promotion of health and wellbeing and prevention of disease. The programme brings together the disciplines of science, health, nutrition, sociology and psychology, and will equip students with a broad understanding of the nutritional needs of a complex, diverse and multicultural society. It will also prepare them, through academic study and work-related experience, for some of the challenges that may be faced when working in the field of nutrition-related health today, such as the promotion of sound nutrition within different settings, including the workplace and wider community.

During their final year at University students are expected to gain appropriate work experience within the field of nutrition to fulfil the requirements of the **Personal Career Development Module.** This module requires students to reflect on their achievements during the workplace experience and to critically discuss the application of theory into nutritional practice.

### Programme Structure

This three year programme has two academic semesters per year, comprising of the following modules:

#### Year 1

| Semester 1 | Semester 2 |
| --- | --- |
| **FDH 1100** Essential Study Skills for Undergraduates compulsory (20 credits) | **FDH 1101** Communication Skills compulsory (20 credits) |
| **HUG 1120** Introduction to Nutrition, Lifestyles and Cultures core (30 Credits) |
| **HUG 1123** Psychosocial Approaches to Health Behaviours core (20 credits) |  |
| **HUG 1112**Nutrition, Physiology and Anatomy core (30 credits) |

**120 credits at level 4**

**Exit Award: Certificate in Higher Education**

#### Year 2

| Semester 1 | Semester 2 |
| --- | --- |
| **HUG 2128**Nutrition across the Lifespan core (30 credits) |
| **HUG 2127** Biology and Disease core (20 credits) |   |
| **HUG 2213** Understanding Researchcompulsory (30 credits) |
| **Option Module** (20 credits) | **Option Module** (20 credits) |

**120 Credits at Level 5**

 **Exit Award: Dip HE Health & Social Wellbeing**

#### Year 3

| Semester 1 | Semester 2 |
| --- | --- |
| **HUG 3125** The Wider Determinants of Overweight & Obesity (compulsory) (20 credits) |  |
| **HUG 3100** (option) Dissertation (30 credits) **OR** **HUG 3240** (option) Primary Research Dissertation  (30 credits) |
| **HUG 3106**  Public Health Nutrition core (30 credits) |
| **HUG 3101** Personal and Career Development compulsory (20 credits) | **Option Module**(20 credits) |

**120 Credits at Level 6**

**Exit Award: BA [Hons] Health & Social Wellbeing**

### Contact

If you have any concerns or queries about your student or the course please contact the Practice Education Lecturer Ellie Smith Tel: 01695 650 776 or Email: smithe@edgehill.ac.uk or AHSCplacements@edgehill.ac.uk

If you would like more details about the course for yourself or colleagues, please do not hesitate to contact the Programme Leader Hazel Flight Tel: 01695 650787 or Email: flighth@edgehill.ac.uk

## DEFINITION OF TERMS

### Work Based Supervisor

A Practitioner within the area of service delivery, who has the skills and experience to facilitate and supervise students learning. They should also be able to develop innovative opportunities for all students, especially those who have been identified as needing improvements in their practice.

### Mid-way Review and Action Plan

Approximately half way through the placement the student and supervisor will meet to discuss the student’s progress. The Supervisor will identify areas of strength and development of the student’s performance in the work place. If any concerns are highlighted by the student or Supervisor then following this meeting the action plan should be completed and signed jointly by the student and Supervisor. It is the responsibility of the student and Supervisor to inform the Practice Education Lecturer of any areas of concern.

### Audit

Edge Hill University has a responsibility to ensure that the placement is an appropriate learning environment for the student and the course they are studying. Therefore you will be contacted by the Placement Education Lecturer (PEL) who will arrange to meet with you to undertake an audit if one has not already been completed. Audits are then completed every two years.

### DBS (Disclosure & Barring Service)

If the student is not employed by you but you have agreed to provide a work placement for them then a student may be required to complete a DBS prior to starting a work placement with yourselves. This will be dependent on the placements area of work.

**Thank you for supporting this student**