# PE Specialist subject level audit

Please identify your **experience** in the following Physical Education and School Sport Activities, don’t worry if there are any gaps, this information is going to help you over the coming year. Consider **NGB** awards or **Qualifications,** your playing or **own** **participation**, **teaching** or **assisting** teaching schools or as a sports **coach**, any informal **workshop, insets** or **training**

|  | Your experience | On a scale of 1-10 (1 being not at all confident & 10 being confident) How would you feel if you were asked to teach this activity? |
| --- | --- | --- |
| **Physical Literacy** |  |  |
| **Fundamental Movement Skills** |  |  |
| **Playground activities** |  |  |
| **Physical Activities/Lifestyle Activities/Fitness** |  |  |
| **Cross Curricular Themes** |  |  |
| **Teaching Games for Understanding** |  |  |
| **Games:** **(Rugby/Hockey/Football****/Basketball/other** |  |  |
| **Dance** |  |  |
| **Gymnastics – Aparatus/Parkour/ Cheerleading/other** |  |  |
| **Striking & Fielding Games (Rounders, Baseball, softball, cricket, other)** |  |  |
| **Athletics** |  |  |
| **Net/wall Games (Tennis, Squash, Handball, Badminton, other)** |  |  |
| **Outdoor and Adventurous Activities** |  |  |
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| **Inclusive Physical Activities (boccia, wheelchair sports, seated sports, other)** |  |  |
| **Swimming/Aquatics** |  |  |
| **OTHER PHYSICAL ACTIVITIES, SPORTS OR CURRICULUM MODELS** |  |  |