

Risk Assessment Template

Task To Be Assessed:	Campus Sport Activities		
Assessor Name:	Gareth Lougher		
Reference Number:	EHS/SD/CSA3.0		
Number Of People Exposed:	1500	Assessment Date:	September 2021
People Exposed (Staff /	Staff / Student / Community		
Student / Visitor):			
Department:	Edge Hill Sport	Location Of Activity:	Sports Facilities
Activity Description: (Please give a description of the activity you are risk-assessing, including times, number of people, and current controls where applicable)			

Hazard Checklist – use this to identify the hazards to be considered:

Situational	Tick	Physical / Chemical	Tick	Environmental	Tick
Slip, trip, fall	✓	Harmful substances		Temperature	✓
Fall from height		Electrical (shock, burns, fire, arcing, explosion etc)		Weather	✓
Lone Working		Biological agents		Extreme locations (mountains, mud flats etc)	
Manual Handling		Fire			
		Machinery (entanglement, incorrect setup etc)			
		Use of sharps			
		Vehicle movements			

N.B. The above list is not exhaustive and additional options can be found in the Risk Assessment Guidance for Biology (Appendix A) and Media (Appendix B)

HAZARD	PERSONS AT RISK	HOW IS PERSON AT RISK	CONTROL MEASURES	RIS FA	SK CTO	R*	ADDITIONAL CONTROL MEASURES	RIS	SIDU SK CTOF		Action / by whom?	Action / by when
				L	С	R		L	С	R		
Player Issues	Participants	Collisions	Manage safe number of students per session in the facilities provided.	2	2	4						
Control / discipline / behaviour	Participants		All NGB / BUCS guidelines to be followed during all sessions Ensure there is a designated lead for each session and that they have controlled during sessions and challenge any unacceptable conduct. Players should follow the rules of the game and play 'in	2	2	4						

the spirit of the
game'.
Designated
lead should be
responsible for
the actions of
the players.
Consistent
failure to do so
or dangerous
play should
result in
player(s) being
asked to leave
the session.
Participants
should not use
equipment
unless under
the
supervision
and instruction
of a qualified
person /
coach.
Ensure
goalkeepers
defend their
goal against
one ball at a
time only
during skills
practice/warm-
up up

			For activities not within the Sports Centre an additional method for communicatio n must be available to be used (e.g. radio (if available) or mobile phone)						
Personal effects around the side of playing and training facilities	Participants	Obstruction, Slip, Trip	All personal belongings to be keep away from the area for play. Where possible belonging to be left in lockers, changing areas or in designated areas (such as dugouts or spectator area)	1	2	2			
Building Faults	Participants	Slip, trip, collision	If anyone within the session raises any concerns or faults regards the	1	4	4			

			building or facilities these should be reported to an Edge Hill Sport Member of staff (issues with lighting, floor surface, faulty equipment etc)						
Safety of equipment	Participants	Impact, crush / collision	EHS to inspect equipment regularly and where possible prior to use and report immediately any concerns they have to an Edge Hill Member of staff (goals, posts, nets etc). Session to be provided with NGB approved equipment (e.g. size of balls) and other recommendati ons (e.g. pressure).	2	2	4			

		Any damage occurred during use must be reported immediately to an Edge Hill Sport member of staff. Participants to ensure they do not use any equipment which is damaged or fault which could result in injury or harm.							
Footwear	Participants	The correct footwear should be worn for reach facility; Sports Halls – non-marking footwear Hockey Pitch – Moulded / pimpled footwear 3G pitch – Studded / moulded footwear (No	2	2	4				

			trainers / blades) Grass Pitches – studded / moulded footwear including blades if NGB's guidelines allow (No trainers) Swimming pool – no outdoor footwear							
Not warming up injuries	Participants	Injury	Ensure all customers participating in an activity have completed an appropriate warm up prior to participating in the session.	1	2	2				
Foreign Objects on playing/train ing area	Participants	Slip / Trip / Collision	EHS / volunteers to check play and training area for any foreign objects remove prior to use and	1	2	2				

			during all sessions. Participants to report any concerns regards items found.						
Persons general physical condition or lack of experience leading to injury	Participants	Injury	Participants to self-assess own fitness capability to undertake physical activity. Ensure all players are aware of rules and enforce rules of the game and centre. Aim to match size/weight of participants paired together. Also take into consideration differing technical ability of students.	3	2	6			
Lacerations from	Participants		Advise participants to keep	1	2	2			

uncut fingernails, toenails or jewellery caught		fingernails and toenails cut short. Where possible all jewellery should be removed before activity. If jewellery cannot be removed it should be taped up.						
Clothing caught	Participants	Participants to wear appropriate clothing Advise against wearing clothing with toggles / zips that can get caught or injure other participants.	1	2	2			
Loose hair trapped in apparatus and effecting vision	Participants	Hair to be tied back properly out of the way when participating in any sporting activity.	1	1	1			
Dehydration	Participants	Encourage participants to	2	2	4			

			drink plenty of water before and after activity and at regular intervals if required.						
Injuries	Participants		All injuries occurring on EHU campus must be reported using the EHU Accident reporting mechanism (https://www.e dgehill.ac.uk/se rvices/accident- reporting/) All accidents must be reported to the Duty Manager on the day of the accident.	2	2	4			
Injury resulting from collision with another player or playing equipment (ball etc)	Participants	Collision, Impact	Where safety / protective equipment is required by the NGB, no player should be allowed to enter the playing area	3	2	6			

<u> </u>	
	with intent to
	play without
	the required
	protective
	equipment in
	place.
	Participants
	need to ensure
	that they
	communicate
	to each other
	to minimise
	any collisions /
	confusion and
	make sure that
	other players
	are out of their
	way Designated
	Designated Session Leads Session Leads
	to keep an eye
	on safe
	practice and
	stop any
	teams/athlete/
	spectators
	participating in partic
	an unsafe
	manner (e.g.
	kicking a ball
	towards a
	group of
	people,
	spectators
	encroaching

		towards the						
		field of play).						
Encroachm ent onto playing area	Participants / Spectators / other users (next sessions)	People encroaching onto the facility whilst sessions taking place, spectators to be asked to leave whilst session continues, if persistent issue contact EHS for support						
O contractor	Destinia esta	A Iv		_				
Sunburn	Participants	Apply sun cream regularly. Wear a hat, where appropriate. Seek medical attention if required.	3	1	3			
Intoxication	Participants	No participant will be allowed to play if they are intoxicated. There is an alcohol exclusion zone around the	2	3	6			

		sports						
Coaches	Participants	facilities. Where NGB / BUCS guidelines require a qualified coach, they must be present at all sessions. EHS SDO to coaches are qualified and are teaching the correct technique following NGB guidelines and to the level of qualification. Ensure that the coaches are aware of limits of role/responsibi lities. Coaches to ensures all safety precautions are in place	2	2	4			
		(e.g. matting, spotters)						

		Coaches should ensure that all players are fit and capable of playing the sport. The coach should first instructed participants in the proper technique and ensured that the instructions have been understood full before undertaking skills.						
First Aid Provision	Participants	Edge Hill Sport will provide first aid cover for all Campus Sport sessions and undertaking the appropriate skills.	2	2	4			
Officials	Participants	Lack of Qualified Referee BUCS / NGB	1	3	3			

		guidelines are						
		to be followed						
Last, of	Dantialaanta		1	_	4			
Lack of	Participants	Session leads	2	2	4			
Medical		are to provide						
Conditions		the opportunity						
		and actively						
		encourage						
		participants to						
		disclose any						
		relevant						
		medical						
		conditions						
		including any						
		supportive						
		requirements						
		and action in						
		case of an						
		emergency						
Participating	Participants	Ensure	2	2	4			
in activities	•	students are						
which		trained						
require high		appropriately						
skill or		by a qualified						
experience.		and						
(trampolinin		experienced						
ġ,		person and						
cheerleadin		that the						
g etc)		students has						
3 : ,		been						
		assessed and						
		deemed						
		competent to						
		participating in						
		a particular						
		activity prior to						
		activity prior to						

match/competi			
tion.			
Ensure that			
when a person			
has previously			
been injured in			
a high skilled			
activity, they			
are			
reassessed in			
their			
competence to			
participate in			
an activity			
prior to the			
next			
competition.			
Where a			
student is			
injured in a			
training			
session /			
match on more			
than one			
occasions or			
where regular			
injuries occur			
resulting from			
similar			
practices (e.g.			
scrums) these			
should be			
should be			
investigated,			
and additional			
safety			

measures should be considered (e.g. NGB guidelines /				
additional training).				

^{*}Risk Factor / Residual Risk Factor (R) = Likelihood (L) x Consequence (C). Refer to Risk Matrix on final page.

The following activities have additional considerations within Risk Assessments (please click below for specific risk assessments)

- All Running sessions including 5K Improvers / Couch to 5K
 Baseball & Rounders
- Roller Skating
- **Trampoline**
- Water Polo

All Running	sessions inclu	uding 5K Impro	vers / Couch to	5K								
HAZARD	PERSONS AT RISK	HOW IS PERSON AT RISK	CONTROL MEASURES	FAG	SK CTO	R*	ADDITIONAL CONTROL MEASURES	RIS	SIDU. SK CTOF		Action / by whom?	Action / by when
				L	С	R		L	С	R		
Moss	Participants	Slip	Regular Inspections + brush/clean track. Close lanes if required Part of facility inspections Grounds maintenance regime	1	2	2						
Hurdles	Participants	Collision	Store safely away from playing area, finish line	1	2	2						
Debris / Ruts on Pitches	Participants	Trip – Fractures, Cuts / abrasions,	Programmed use of area. Divots from Hammer & rabbit damage to be filled	1	2	2						

			Regular planed ground maintenance Facility inspections						
Spectators / track users	Participants	Collision / impact	Facility users to be managed appropriately ensuring safe distances are maintained + safe access & egress to & from playing areas is gained Ropes placed round pitch	1	1	1			
Snow / Ice / water	Participants	Slip / Fall / impact injury	Regular inspections during bad weather Cancel class if frozen / slippy – surface. Facility inspections	1	1	1			
Running along side /Crossing over roads	Participants	Collision with vehicle	High visible clothing to be worn Run on paths/grass verge on level firm ground	2	3	6			

			Run in single file Marshal any road crossings						
Cars Pulling Out of Driveways	Participants	Collision/imp act/	Keep participants aware and visible using bright clothing Carry mobile phone Carry basic first aid kit	2	3	6			
Wheelie Bins/Recycl e bins left out at drive	Participants	Trip/collision	Check/Clear potential hazards and areas Keep Participants aware and in no more than twos	1	2	2			
Bollards	Participants	Collision	Avoid running in large groups i.e. single file Inform participants of areas with hazards	1	2	2			
Trees/Tree roots	Participants	Trip/collision	Make people aware of different terrain, routes and possible	2	2	4			

Various terrains	Participants	Slip / Fall / trip	hazards. Keep people to the pathways. Regular inspections Check routes and inform group of changes.	2	2	4			
Entering through gates in Ruff Woods	Participants	Collision	Slow to a walk to access in single file, stop to assist in this personally. Only continue running once inside the woods as a group along the desired route.	2	1	2			
Taking group around/off campus	Participants	Slip / fall / trip / collision / impact /	Head count participants. Keep group in pairs minimum. Group leaders (Suitable runner) at front and back of group. Brief on route and potential hazards prior	1	1	1			

Baseball & R	ounders.		to start of session. Carry mobile phone Carry basic first aid kit High visibility vests to be worn by participants Inform Duty manager of route									
HAZARD	PERSONS AT RISK	HOW IS PERSON AT RISK	CONTROL MEASURES		СТО		ADDITIONAL CONTROL MEASURES	FAG	CTOR	*	Action / by whom?	Action / by when
Hit by bat or ball and collision with a post	Participants	Collision / impact	Carry the bat around after batting Pitcher to check with batter that they are ready before every bowl Allocated areas for batters/fielders Catchers are required to wear a mask (and	<u>L</u> 2	2	R 4		L	C	R		

			encouraged to wear a dangling throat protector), chest protector, a box/cup, leg guards and a catcher's helmet. The batter, players in the on-deck circle, base runners and players coaching in the coaching box must wear double ear batting helmets. Catching practice / exercises, inform spectators to be aware and batting					
			spectators to be aware and batting					
			practice hits away from catchers					
Roller Skatin	ıg							
HAZARD	PERSONS AT RISK	HOW IS PERSON AT RISK	CONTROL MEASURES	RISK FACTOR*	ADDITIONAL CONTROL MEASURES	RESIDUAL RISK FACTOR*	Action / by whom?	Action / by when

			outside of the skating and changing areas. The lead will enforce the general direction of skating, assist fallen skaters if required, provide skating instruction (if qualified), assist with any equipment issues, and ensure the general safety of all skaters as far as is possible.								
Sideline Che	er							1	l		
HAZARD	PERSONS AT RISK	HOW IS PERSON AT RISK	CONTROL MEASURES	RIS FAC	CTOF	R*	ADDITIONAL CONTROL MEASURES	RIS	SIDU/ SK CTOR	Action / by whom?	Action / by when
Fatigue			Members who believe another member should be								

removed from
the activity due
to fatigue are
expected to
bring this to
the coaches'
attention, and
the decision
will be at the
coaches'
discretion.
No stunt
training
directly on
hard surfaces.
In the event
that a hard
surface is the
only available
place to train
then only
activities of
very low risk
will take place.
Fitness
training and
basic cheers
and jumps,
dancing and
marking stunts
without building them
building them
are such
activities.

	the group will
	be split into
	suitable sized
	groups and
	take it in turns
	to participate.
Stunts	- Stunts
	will take place
	only on mats.
	- The
	stunt will be
	demonstrated
	by by
	experienced
	members of
	the club, who
	can already
	consistently
	perform the
	stunt to a safe
	and high
	standard,
	before being
	attempted by
	any other
	members.
	Additio Additio
	nal spotters
	will be used
	until the stunt
	is mastered by
	all involved
	and can be
	consistently
	COHSISTERITY

performed to a
safe standard.
- Anyone
not involved
with the stunt
in the capacity
of base, back
or front spot,
flyer, spotter or
coach shall not
be allowed
within two
meters of the
stunt until it is
at
performance
standard and
being used
within a routine. At this
point stunts
may take
place near to
each other.
This will also
be done with
extra spotters
until deemed until deemed
at a safe
standard by a
qualified coach
- Individual
components of
the pyramid
are to be

			mastered prior to the assembly of the stunt.									
Trampoline				<u> </u>	<u> </u>				l	l		
HAZARD	PERSONS AT RISK	HOW IS PERSON AT RISK	CONTROL MEASURES	RIS FAC	CTOI	R* R	ADDITIONAL CONTROL MEASURES	RIS	CTOR		Action / by whom?	Action / by when
Accidents on trampoline • Injuries back/ne ck • Broken / fracture d bones • Trapped toes Abrasions / grazes	Participants		Suitable, qualified staff for the skills being taught to ensure that everyone is able to control their bouncing Performers understand their own limits and do not misbehave Instruct users not to bounce onto neck or head Coach to ensure performer is suitably conditioned	1	3	3						

			(both mentally and physically) The use of safety aids where appropriate. Follow correct emergency procedures trampoline evacuation.						
Other accidents • Landing on the floor • Landing on edge of trampoli ne Hitting wall / overhead protrusions	Participants	Impact, crush / collision	Coach to ensure that everyone can control their bouncing Spotters (at least 2 per trampoline) Placement of trampoline in suitable position Vertical space of at least 5m Ensure there are always crash mats at the ends of the trampoline are properly supported Ensure all surrounding floor area of	2	2	4			

			1.5m is correctly matted. 2m object exclusion zone around trampoline						
Position of Trampolines	Participants	Impact, Entrapment, crush / collision	Positioned away from fire exits and walls overhead or protruding structures glare and dazzle from sunlight No one is to go underneath the trampoline When using more than one trampoline, coaches should carefully assess the following: The age, experience, varying abilities,	1	2	2			

Twisted	Dorticipanto	Strain /	number and discipline of the participants Their ability to observe, advise, support and respond to the difficulties of anyone in the trampolining area	4	2	2			
Twisted ankles / knees	Participants	Strain / Sprain	Correct footwear must be worn; socks or gym shoes.	1	2	2			
Carpet burns from the mats	Participants	Injury	Coach to instruct use of socks for skills with increased risk of carpet burn, provided this does not cause risk of slipping.	1	2	2			
Persons general physical condition or lack of	Participants	Cuts, Bruises,	Maximum of 1½ minutes, 4 or 5 attempts at a skill or 2 routines	1	1	1			

experience leading to injury			without suitable rest Trained and experienced member of staff or spotter supervises the push in mat						
Learning new skills	Participants	First aid incident	New skills are taught only by a qualified coach using appropriate skill progressions Spotters to assist and directed by coach when necessary Recommende d progressive practices are used, including manual or rig support and push in mats, where appropriate	1	3	3			
Spotting a gymnast	Participants	Crush. Fall, Impact	Spotter must be a qualified coach or member acting under coach supervision.	2	2	4			

			Spotter to						
			ensure						
			gymnast fully understands						
			the movement						
			and						
			appropriate						
			progressions						
			have been						
			completed as						
			supervised by						
			a coach						
			Coach must						
			ensure that all						
			spotters are						
			not in danger of injury from						
			supporting						
			gymnasts						
Accidents	Participants	First aid	All gymnasts	1	2	2			
caused by	•	incident	to lower						
slipping			themselves						
mats			from						
			trampoline						
			side when						
			exiting the						
A = = ! = ! = ! =	Dantiala auto	F., (,,,	trampoline	_	_	_			
Accidents involving the	Participants	Entrapment	Ensure that only those	2	3	6			
moving /			competent are						
assembling			involved in						
/			moving the						
dismantling			trampoline						
of									
trampoline									

			All people must wear trainers Manual handling guidelines should be followed at all times.						
Injury caused by too many people on trampoline	Participants	Slip, Collision,	Coach to ensure strict ratio of number of participants on trampoline	1	2	2			
Injury due to inadequate supervision / lack of qualified staff	Participants	First aid incident	Trampoline session are always supervised by a qualified British Gymnastics coach British Gymnastics Guidelines suggest a ration of no more than 8 students to 1 trampoline, and no more than 16 students to 1 coach	1	3	3			

Water Polo												
HAZARD	PERSONS AT RISK	HOW IS PERSON AT RISK	CONTROL MEASURES	RISK FACTOR*			ADDITIONAL CONTROL MEASURES	RESIDUAL RISK FACTOR*			Action / by whom?	Action / by when
Diving into the shallow end	Participants	Injury	Signage in place at shallow end Adequate supervision by lifeguard on duty	1	3	3		<u> </u>				
Running on pool side (especially due to slippery floors on poolside)	Participants	Slip trip	Signage in place at shallow end Adequate supervision by lifeguard on duty	2	2	4						
Goals and balls left on pool side	Participants	Collision	All equipment to be removed to store at end of session by EHS staff	1	2	2						

Assessment conclusion: (i.e. have all foreseeable hazards been identified and control measures put in place to ensure that the risk is as low as reasonably practicable, provided all additional control measures identified have been put in place?)	YES / NO
Signature of Line Manager / Competent Person:	
Review Date:	August 2022

Risk Matrix

		CONSEQUENCE							
		1 Insignificant	2 Minor	3 Moderate	4 Major	5 Critical			
	1 Rare	1 NO ACTION	2 NO ACTION	3 MONITOR	4 MONITOR	5 MONITOR			
^	2 Unlikely	2 NO ACTION	4 MONITOR	6 MONITOR	8 ACTION	10 ACTION			
LIKELIHOOD	3 Possible	3 MONITOR	6 MONITOR	9 ACTION	12 ACTION	15 URGENT ACTION			
3	4 Likely	4 MONITOR	8 ACTION	12 ACTION	16 URGENT ACTION	20 STOP			
	5 Almost Certain	5 MONITOR	10 ACTION	15 URGENT ACTION	20 STOP	25 STOP			

Risk = Likelihood x Consequence

Likelihood:

- 1 Rare this will probably never happen
- 2 Unlikely do not expect it to happen / recur but it is possible it may do so
- 3 Possible might happen or recur occasionally
- 4 Likely will probably happen / recur but it is not a persistent issue
- 5 Almost Certain will undoubtedly happen / recur, possibly frequently

Consequence:

- 1 Insignificant no or minimal injury / insignificant damage to equipment or property
- 2 Minor minor damage to property, or minor injury or illness requiring minimal medical intervention
- 3 Moderate injury requiring medical assistance and could result in time off work, damage to property requiring repair
- 4 Major major injury or damage to property, leading to prolonged time off work, increased time in hospital, and likely prosecution
- 5 Critical incident leading to multiple permanent injuries, irreversible health effects, or death. Permanent loss of facility, or persecution

Risk Factor / Residual Risk Factor:

NO ACTION (1-2): No further action, but ensure controls are maintained and reviewed

MONITOR (3-6): Look to improve at next review or if there is a significant change

ACTION (8-12): Improve within a specified timescale

URGENT ACTION (15-16): Take immediate action and stop activity if necessary; maintain existing controls rigorously

STOP (20-25): Stop activity immediately